From shifting to sustainable products to researching local climate issues, there are a million things that you could do to transition to a greener lifestyle. To eliminate some of the stress of getting started, we have prepared a checklist that can serve as a guide for your green journey!

FOR A GREENER HOME

□ Turn off and unplug appliances such as TVs, lamps, computers, and phones when not in use

□ Regularly replace filters in heaters, air conditioning, and dryers

□ Curate gardens with native plants and trees

 $\hfill\square$ Create a compost bin and reduce food waste

 \square Buy non-toxic and plant-based cleaning products

FOR A GREENER LIFESTYLE

□ Buy less – take a minimalist approach to purchases

Read and share books on climate change and ecoliving

□ Shop locally for produce and shop second-hand for clothing and décor

□ Drive or rent an electric, hybrid, or hydrogen car to reduce CO2 emissions

□ Use zero-waste alternatives such as glass straws, reusable cotton rounds, and detergent

FOR ACTIVE ENGAGEMENT

 \Box Encourage schools to:

- Switch to solar energy
- Take classes outdoors
- Create green spaces (I.e., gardens, recycling centers)
- Offer plant-based meals
- Ditch single-use plastic

□ Join a climate activist group such as Climate Reality and Citizen's Climate Lobby

□ Educate yourself and vote for candidates that have a progressive platform

□ Create or join a sustainability/green team at your workplace or in your community

□ Discuss green living and climate change with friends and family to encourage action

CHECK OUT OUR BLOG TO SEE THE GREEN GUARDIANS FAVORITES FOR GREEN LIVING! CLICK OUR LOGO BELOW TO VISIT THE BLOG:



environmental literacy, community action